



Wrestling Programs for 2009

This flyer contains most of the information you will need to know about this year's USA Wrestling - Ohio tournaments and other wrestling events. For directions to a given tournament venue or specific tournament questions not covered in this flyer, please call or e-mail the individual Tournament Director listed in the schedule on the reverse side. For general questions about USA Wrestling - Ohio programs, procedures, new rules, or other matters, please consult the USA Wrestling - Ohio web site at www.usawrestling-ohio.org or call Leo Saniuk at (330) 668-9617 or Chris Kallai (330)334-5409 (between 7:00 PM and 9:00 PM please).

| Age Division | Years Born | Match Times | No. of Weight Classes | Weight Classes |
|------------------|---|---|-----------------------|--|
| Bantam | 2001 or 2002 | 3 – 2 minute periods 30 seconds rest / periods | Varies | To be determined after weigh-ins |
| Intermediate | 1999 or 2000 | 3 – 2 minute periods 30 seconds rest / periods | Varies | To be determined after weigh-ins |
| Novice | 1997 or 1998 | 3 – 2 minute periods 30 seconds rest / periods | Varies | To be determined after weigh-ins |
| Schoolboy | 1995 or 1996 | 3 – 2 minute periods 30 seconds rest / periods | 17 | 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 235 |
| Cadet | 1993 or 1994 | 3 – 2 minute periods 30 seconds rest / periods | 17 | 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 (maximum) |
| Fila Cadet | 1992 through 1994 | 3 – 2 minute periods 30 seconds rest / periods | 11 | 39-42 kg/86-92.5 lbs, 46/101.25, 50/110.25, 54/119, 58/127.75, 63/138.75, 69/152, 76/167.5, 85/187.25, 100/220.5, 125/275.5 |
| Junior | 9/1/89 and after, <i>plus</i> enrolled in HS | 3 – 2 minute periods 30 seconds rest / periods | 15 | 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 (maximum) |
| University Men | 1985 through 1991 <i>plus</i> H.S. graduate | 3 – 2 minute periods 30 seconds rest / periods | 10 | 55 kg/121.25 lbs, 60/132.25, 63/138.75, 66/145.5, 70/154.25, 74/163, 79/174, 84/185, 96/211.5, 120/264.5 |
| University Women | 1985 through 1991 <i>plus</i> H.S. graduate | 3 – 2 minute periods 30 seconds rest / periods | 8 | 48 kg/105.75 lbs, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75, 77/169.75 |
| Open | 1989 or before, <i>plus</i> out of HS | 3 – 2 minute periods 30 seconds rest / periods | 10 | 121,132, 139, 146, 154, 163, 174, 185, 212, 265 (maximum) |

Important Note Weight classes for the Bantam through Novice Divisions at ALL TOURNAMENTS (EXCEPT REGIONAL) will be determined after weigh-ins by grouping competitors according to their actual weights using the BLOCK WEIGHT system. All Registration forms MUST be signed by a parent/guardian if the wrestler is under 18 yrs old

Registration, Weigh-In, and Competition Policies and Procedures

- ALL WRESTLERS **MUST** PRESENT A CURRENT USA WRESTLING COMPETITOR'S CARD AT REGISTRATION FOR EACH TOURNAMENT. Cards are available online at www.usawrestling-ohio.org (Visa or Mastercard required) or from USA Wrestling - Ohio clubs for \$30.00 (Bantam through Schoolboy) or \$35.00 (Cadet through Open) or at the door of tournaments for \$40.00 (all age divisions). **WRESTLERS MUST SHOW PROOF OF AGE TO OBTAIN A USA WRESTLING CARD.**
- All active coaches **must** have a current USA Wrestling coach's card. Cards are available online at www.usawrestling-ohio.org, or through clubs for \$40.00. **All coaches cards must be purchased online and will require a USA WRESTLING BACKGROUND CHECK (\$17 – good for two years) BE COMPLETED. Please plan TWO WEEKS for the completion of your background check!!!!** A CURRENT USA WRESTLING COACH'S CARD WILL BE REQUIRED FOR MAT ACCESS AT ALL USA WRESTLING - OHIO STATE EVENTS. A Floor pass will be available at all Qualifiers (Cost \$5 each event) for non-coach's card holders but will NOT allow you access to the mat - only Coaches with current USA Wrestling Coach's Cards will be allowed on the mat. ONLY CURRENT USA WRESTLING COACH'S CARD HOLDERS WILL BE ALLOWED ON THE FLOOR AT THE STATE GRECO AND FREESTYLE CHAMPIONSHIPS.
- Female wrestlers may compete with male wrestlers in all Folkstyle, Greco-Roman, and Freestyle competitions **at their own risk**. The only exception to this will be the **Freestyle State Championship** where a separate Women's Division competition will be held if there are a sufficient number of entries.
- National Federation scholastic rules (with appropriate USAW modifications) will be used for all Folkstyle tournaments. Traditional scholastic bracketing with full double elimination for all participants will be used. Medals will be given to the top three placers in all tournaments.
- FILA rules with USA Wrestling modifications will be used for all Greco-Roman and Freestyle tournaments. Vertical pairing and "Good Mark" classification will be used. Medals will be given to the top three placers IN SCHOOLBOY AND YOUNGER AGE GROUPS **ONLY** AT ALL QUALIFIERS (NEW THIS YEAR).
- Separate red and blue singlets or reversible red/blue singlets with underbriefs are **STRONGLY RECOMMENDED** at all GR/FS Qualifier Tournaments and are **REQUIRED** at all GR and FS State Championships.
- THE USE OF SHORTS AND T-SHIRTS IN PLACE OF A SINGLET IS **NOT** PERMITTED FOR ANY COMPETITION.
- Wrestlers may only wrestle in one age division and weight class. Cadets who are in high school may wrestle in the Cadet or Junior Division. The decision to wrestle in the Cadet or Junior Division **MUST** be made at the time of registration.
- The **USA Wrestling Rapid Weight Reduction Rule** will be posted and **strictly enforced** at all USA Wrestling - Ohio events. Any athlete engaging in or individual assisting an athlete in prohibited weight reduction practices will be **suspended** for the event in question. A second violation will result in an automatic **one year suspension** from all USA Wrestling sanctioned events.
- See www.usawrestling-ohio.org under "Policies/Procedures" for more details about registration, weigh-ins, and competition.

Qualification Procedures for State Championships and Cadet and Junior National Teams

- No qualification is required for the Folkstyle State Championship or the Kids GR/FS State Championships.
- Cadet and Junior wrestlers **MUST** qualify for the Cadet/Junior Greco-Roman and Freestyle State Championships by finishing in the **top six** at one or more Ohio Qualifier Tournaments. Any Cadet or Junior wrestler who does not finish in the top six at a qualifier tournament **will not** be allowed to wrestle in the **Cadet/Junior Greco-Roman or Freestyle State Championships**. Contact Leo Saniuk at (330) 668-9617 (between 7:00 PM and 9:00 PM please) regarding medical waivers.
- The **Cadet/Junior Greco-Roman and Freestyle State Championships** will be used as qualifiers for the **Cadet and Junior National Teams** that travel to Fargo, North Dakota. See www.usawrestling-ohio.org under "National Teams" for more details on the selection process.
- Qualification procedures for the **Ohio Schoolboy, Cadet, and Junior National Dual Meet Teams** will be posted at www.usawrestling-ohio.org under "Dual Teams".

2009 USA Wrestling - Ohio Tournament Schedule Folkstyle, Greco-Roman (GR), and Freestyle (FS) Events

State Championships are listed in **bold**. National and Regional Events in Ohio are list in *Italics*

| Date | Style(s) | Event | Location | Tournament Director |
|--|--------------|--|---|--|
| Sat., March 14 | Folkstyle | State Championship | Walter E. Stebbins High School 1900 Harshman Rd., Dayton 45424 | John Sopczak (937) 431-1937 |
| Sat., March 21 | Folkstyle | Southwest Ohio Classic (NOTE CHANGE IN DATES) | Carroll High School 4524 Linden Ave., Dayton 45432 | Amanda Burr aburr9@woh.rr.com |
| Sat., March 28 | GR/FS | Northwest Ohio Qualifier Tournament | Delta High School 605 Taylor St., Delta, 43515 | Robin Rayfield (419) 822-3125 pdys@nwoca.org |
| Sat., April 4 | GR/FS | Southwest Ohio Qualifier Tournament | Carroll High School 4524 Linden Ave., Dayton 45432 | Mark Gerhard mgerhard@mindspring.com |
| Sat., April 18 | GR/FS | Northeast Ohio Qualifier Tournament | Elyria High School 311 Vic Janowicz Dr., Elyria 44035 | Erik Burnett (440) 225-5793 |
| Thurs., April 24 thru Sun., April 26 | GR/FR | <i>University and Fila Cadet NATIONAL CHAMPIONSHIPS</i> | <i>Athletic Field House University of Akron 289 South Union St., Akron 44325</i> | <i>Leo Saniuk lisan@roadrunner.com</i> |
| Sat., May 2 | GR/FS | Northwest Ohio Qualifier Tournament | Oregon Clay High School 5665 Seaman Rd., Oregon 43616 | Troy McLaughlin (419) 693-6761 |
| Sat., May 9 | GR/FS | Northeast Ohio Qualifier Tournament | Copley High School 3807 Ridgewood Rd., Copley 44321 | Jim Dies (330) 329-6686 |
| Sat., May 16 | GR/FS | Southwest Ohio Qualifier Tournament (Cadet, Junior and Open ONLY!) | Walter E. Stebbins High School 1900 Harshman Rd., Dayton 45424 | John Sopczak (937) 431-1937 |
| Sat., May 16 | GR/FS | Kids/Schoolboy State Championships | Walter E. Stebbins High School 1900 Harshman Rd., Dayton 45424 | John Sopczak (937) 431-1937 |
| Fri., May 22 thru Sun May 24 | GR/FS | <i>Central Kids, Cadet and Junior REGIONAL CHAMPIONSHIP</i> | <i>Greater Columbus Convention Center Battelle Hall 400 North High Str., Columbus, OH 43215</i> | <i>John Cvetic (440) 829-7590</i> |
| Sat., May 30 | GR/FS | Southwest Ohio Qualifier Tournament | Lakota East High School 6840 Lakota Lane, Liberty Twp., 45044 | Jim Lehman (513) 759-8615 ext. 15288 |
| Sat., June 6 | GR | Cadet/Junior/Open State Championship (NOTE CHANGE IN DATES) | Franklin High School 750 E. Fourth Street, Franklin 45005 | Wendel Donathan (937) 307-1110 |
| Sat., June 6 | Sombo | State Championship - ALL AGE GROUPS (NEW EVENT!!) | Franklin High School 750 E. Fourth Street, Franklin 45005 | Wil Everidge (513) 371-8493 |
| Sat., June 13 | FS | Cadet/Junior/Open State Championship (NOTE CHANGE IN DATES) | Wadsworth High School 625 Broad St., Wadsworth 44281 | John Gramuglia g-man@wadsworth.k12.oh.us |

Important Notes: -The Qualifiers, Sombo State Championship, Regional and National Tournaments listed above are open to all wrestlers in all USA Wrestling - Ohio age divisions except as noted. All three Greco-Roman and Freestyle State Championships (i.e., Kids/Schoolboy and Cadet/Junior/Open) are for **Ohio residents only**.

-Flyers with specific information concerning registration, weigh-ins and wrestling times, and wrestling fees for the Fila Cadet/University Nationals and the Central Regional can be found at www.usawrestling-ohio.org

-There will be a demonstration of Sombo Wrestling at several of the tournaments (including the State Folkstyle and Kids State Tournaments).

Registration, Weigh-in, and Wrestling Times (wrestlers MUST present a current USA Wrestling competitor's card)

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|---|---|
| SW Ohio Classic | Registration/weigh-ins for Bantam, Midget, Novice, and Schoolboy - 7:00 AM to 8:00 AM; wrestling begins at 9:00 AM Registration/weigh-ins for Cadet, Junior, and Open – 10:30 AM to 11:30 AM; wrestling begins at approximately 1:00 PM |
| Folkstyle Champ. | Registration/weigh-ins for all age divisions - 7:00 AM to 8:00 AM; wrestling begins at 9:30 AM |
| All GR/FS Quals. + Kids/SB Champs | Registration/weigh-ins for <i>Greco-Roman, Freestyle, or Both Styles</i> - 7:00 PM to 8:00 PM evening before tournament and 7:00 AM to 7:30 AM morning of tournament ; wrestling begins at 9:00 AM Registration/weigh-ins for Freestyle only - 10:00 AM to 11:00 AM; wrestling begins at APPROXIMATELY 12:00 Noon (but more likely 1 or 2 PM) |
| C/J/O State Freestyle And Greco Champs. | Registration/weigh-ins for all age divisions -8:00 AM to 9:00 AM morning of tournament only ; wrestling begins at 10:30 AM |
| Sombo State Champs. | Registration/weigh-ins for all age divisions -3:00 PM to 4:00 PM only ; wrestling begins at 4:30 PM – any wrestler competing in the State Greco Championship may enter the State Sombo Championship and does not need to weigh-in again. |

Wrestling Fees

Southwest Ohio Classic and Folkstyle State Championship - **\$15.00** for all wrestlers
Greco-Roman/Freestyle Qualifier - **\$5.00** per style for Kids and Open Divisions; **\$15.00** for one style or **\$25.00** for both styles for Schoolboy, Cadet, and Junior Divisions
Freestyle, Greco-Roman and Sombo State Championships - **\$10.00** for Kids, Open, and Women's Divisions; **\$20.00** for Schoolboy, Cadet, and Junior Divisions. All entries in the Greco State Championship may wrestle in the Sombo State Championship at no additional cost. Jacket and belt rentals at the Sombo State Championship are **\$5** to pay for cleaning costs.

Important Notes

1. Pre-registration is **NOT** required for any USA Wrestling - Ohio Qualifier Tournament or State Championship. See www.usawrestling-ohio.org for registration forms for GR/FS tournaments, which must be completed before or during registration on the evening before or the day of the tournament.
2. **NO** entries will be accepted after the Tournament Director has officially closed weigh-ins.
3. **WRESTLING COMPLETION TIMES ARE DEPENDENT ON THE NUMBER OF ENTRIES AT EACH TOURNAMENT.**
4. Please consult www.usawrestling-ohio.org for any last minute changes to this schedule.