



Wrestling Programs for 2010

This flyer contains most of the information you will need to know about this year's USA Wrestling - Ohio tournaments and other wrestling events. For directions to a given tournament venue or specific tournament questions not covered in this flyer, please call or e-mail the individual Tournament Director listed in the schedule on the reverse side. For general questions about USA Wrestling - Ohio programs, procedures, new rules, or other matters, please consult the USA Wrestling - Ohio web site at www.usawrestling-ohio.org or call Leo Saniuk at (330) 668-9617 or Chris Kallai (330)334-5409 (between 7:00 PM and 9:00 PM please).

Age Division	Years Born	Match Times	No. of Weight Classes	Weight Classes
Bantam	2002 or 2003	3 – 2 minute periods 30 seconds rest / periods	Varies	To be determined after weigh-ins
Intermediate	2000 or 2001	3 – 2 minute periods 30 seconds rest / periods	Varies	To be determined after weigh-ins
Novice	1998 or 1999	3 – 2 minute periods 30 seconds rest / periods	Varies	To be determined after weigh-ins
Schoolboy	1996 or 1997	3 – 2 minute periods 30 seconds rest / periods	17	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
Cadet	1994 or 1995	3 – 2 minute periods 30 seconds rest / periods	17	84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 (maximum)
Junior	9/1/90 and after, plus enrolled in HS	3 – 2 minute periods 30 seconds rest / periods	15	98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 (maximum)
Junior Women	9/1/90 and after, plus enrolled in HS	3 – 2 minute periods 30 seconds rest / periods	11	95, 102, 109, 124, 132, 139, 146, 153, 165, 190, 220
Ohio Open	1990 or before, plus out of HS	3 – 2 minute periods 30 seconds rest / periods	10	121, 132, 139, 146, 154, 163, 174, 185, 212, 265 (maximum)

Important Note Weight classes for the Bantam through Novice Divisions at ALL will be determined after weigh-ins by grouping competitors according to their actual weights using the BLOCK WEIGHT system.

All Registration forms MUST be signed by a parent/guardian if the wrestler is under 18 yrs old

Registration, Weigh-In, and Competition Policies and Procedures

- ALL WRESTLERS **MUST** PRESENT A CURRENT USA WRESTLING COMPETITOR'S CARD AT REGISTRATION FOR EACH TOURNAMENT. Cards are available online at www.usawrestling-ohio.org (Visa or Mastercard required) or from USA Wrestling - Ohio clubs for \$28.00 (Bantam through Schoolboy) or \$35.00 (Cadet through Open) or at the door of tournaments for \$40.00 (all age divisions). **WRESTLERS MUST SHOW PROOF OF AGE TO OBTAIN A USA WRESTLING CARD.**
- All active coaches **must** have a current USA Wrestling coach's card. Cards are available online at www.usawrestling-ohio.org, or through clubs for \$40.00. **All coaches cards must be purchased online and will require a USA WRESTLING BACKGROUND CHECK (\$17 – good for two years) BE COMPLETED. Please plan TWO WEEKS for the completion of your background check!!!!** A CURRENT USA WRESTLING COACH'S CARD WILL BE REQUIRED FOR MAT ACCESS AT ALL USA WRESTLING - OHIO STATE EVENTS. A Floor pass will be available at all Qualifiers (Cost \$5 each event) for non-coach's card holders but will NOT allow you access to the mat - only Coaches with current USA Wrestling Coach's Cards will be allowed on the mat. **ONLY CURRENT USA WRESTLING COACH'S CARD HOLDERS WILL BE ALLOWED ON THE FLOOR AT THE STATE GRECO AND FREESTYLE CHAMPIONSHIPS.**
- Female wrestlers may compete with male wrestlers in all Folkstyle, Greco-Roman, and Freestyle competitions **at their own risk**. The only exception to this will be the **Freestyle State Championship** where a separate Women's Division competition will be held if there are a sufficient number of entries.
- National Federation scholastic rules (with appropriate USAW modifications) will be used for all Folkstyle tournaments. Traditional scholastic bracketing with full double elimination for all participants will be used. Medals will be given to the top three placers in all tournaments.
- FILA rules with USA Wrestling modifications will be used for all Greco-Roman and Freestyle tournaments. Vertical pairing and "Good Mark" classification will be used. Medals will be given to the top three placers IN SCHOOLBOY AND YOUNGER AGE GROUPS **ONLY** AT ALL QUALIFIERS.
- Separate red and blue singlets or reversible red/blue singlets with underbriefs are **STRONGLY RECOMMENDED** at all GR/FS Qualifier Tournaments and are **REQUIRED** at all GR and FS State Championships.
- THE USE OF SHORTS AND T-SHIRTS IN PLACE OF A SINGLET IS **NOT** PERMITTED FOR ANY COMPETITION.
- Wrestlers may only wrestle in one age division and weight class. Cadets who are in high school may wrestle in the Cadet or Junior Division. The decision to wrestle in the Cadet or Junior Division **MUST** be made at the time of registration.
- The **USA Wrestling Rapid Weight Reduction Rule** will be posted and **strictly enforced** at all USA Wrestling - Ohio events. Any athlete engaging in or individual assisting an athlete in prohibited weight reduction practices will be **suspended** for the event in question. A second violation will result in an automatic **one year suspension** from all USA Wrestling sanctioned events.
- See www.usawrestling-ohio.org under "Policies/Procedures" for more details about registration, weigh-ins, and competition.

Qualification Procedures for State Championships and Cadet and Junior National Teams

- No qualification is required for the Folkstyle State Championship or the Kids GR/FS State Championships.
- Cadet and Junior** wrestlers **MUST** qualify for the **Cadet/Junior Greco-Roman and Freestyle State Championships** by finishing in the **top six** at one Ohio Qualifier Tournaments. Any Cadet or Junior wrestler who does not finish in the top six at a qualifier tournament **will not** be allowed to wrestle in the **Cadet/Junior Greco-Roman or Freestyle State Championships**. Contact Leo Saniuk at (330) 668-9617 (between 7:00 PM and 9:00 PM please) regarding medical waivers.
- The **Cadet/Junior Greco-Roman and Freestyle State Championships** will be used as qualifiers for the **Cadet and Junior National Teams** that travel to Fargo, North Dakota. See www.usawrestling-ohio.org under "National Teams" for more details on the selection process.
- Qualification procedures for the **Ohio Schoolboy, Cadet, and Junior National Dual Meet Teams** will be posted at www.usawrestling-ohio.org under "Dual Teams".

Important Notes

- Pre-registration is **NOT** required for any USA Wrestling - Ohio Qualifier Tournament or State Championship. See www.usawrestling-ohio.org for registration forms for GR/FS tournaments, which must be completed before or during registration **on the evening before or the day of the tournament.**
- NO** entries will be accepted after the Tournament Director has officially closed weigh-ins.
- WRESTLING COMPLETION TIMES ARE DEPENDENT ON THE NUMBER OF ENTRIES AT EACH TOURNAMENT.**
- Please consult www.usawrestling-ohio.org for any last minute changes to this schedule.

2010 USA Wrestling - Ohio Tournament Schedule

Folkstyle, Greco-Roman (GR), and Freestyle (FS) Events

State Championships are listed in **bold**. National Events in Ohio are list in *Italics*

Date	Style(s)	Event	Location	Tournament Director
Sat., March 13	Folkstyle	State Championship	Walter E. Stebbins High School 1900 Harshman Rd., Dayton 45424	John Sopczak (937) 431-1937
Sat., March 27	Folkstyle	Southwest Ohio Classic	Carroll High School 4524 Linden Ave., Dayton 45432	Mark Gerhard mgerhard@mindspring.com
Sat., April 3	GR/FS	Northeast Ohio Qualifier Tournament	Elyria High School 601 Middle Ave., Elyria 44035	Erik Burnett (440) 225-5793
Sat., April 3	GR/FS	Southwest Ohio Qualifier Tournament	Lakota East High School 6840 Lakota Lane, Liberty Twp., 45044	Jim Lehman (513) 759-8615 ext. 15288
Sat., April 3	Sombo	State Championship - ALL AGE GROUPS	Lakota East High School 6840 Lakota Lane, Liberty Twp., 45044	Wil Everidge (513) 371-8493
Sat., April 10	FS	Ohio Schoolboy Festival (team event) Teams interested in participating, please contact Tournament Director	Delta High School 605 Taylor St., Delta, 43515	Robin Rayfield (419) 822-3125 pdys@nwoca.org
Thurs., April 8 thru Sun., April 11	GR/FR	<i>University and Fila Cadet NATIONAL CHAMPIONSHIPS</i>	<i>Athletic Field House University of Akron 289 South Union St., Akron 44325</i>	<i>Chris Kallai (330)334-5409 wrestlec.kallai@yahoo.com</i>
Sat., April 17	GR/FS	Southwest Ohio Qualifier Tournament	Carroll High School 4524 Linden Ave., Dayton 45432	Mark Gerhard mgerhard@mindspring.com
Sat., April 17	GR/FS	Northwest Ohio Qualifier Tournament	Oregon Clay High School 5665 Seaman Rd., Oregon 43616	Troy McLaughlin (419) 693-6761
Thurs., April 22 thru Sun., April 25	GR/FR	<i>Senior and Fila Junior NATIONAL CHAMPIONSHIPS</i>	<i>Wolstein Center Cleveland State University 2000 Prospect Ave E, Cleveland, OH 44115</i>	<i>Chris Kallai (330)334-5409 wrestlec.kallai@yahoo.com</i>
Sat., May 1	GR/FS	Southwest Ohio Qualifier Tournament (Cadet, Junior and Open ONLY!)	Walter E. Stebbins High School 1900 Harshman Rd., Dayton 45424	John Sopczak (937) 431-1937
Sat., May 1	GR/FS	Kids/Schoolboy State Championships	Walter E. Stebbins High School 1900 Harshman Rd., Dayton 45424	John Sopczak (937) 431-1937
Sat., May 8	GR/FS	Northeast Ohio Qualifier Tournament AND GRAPPLING TOURNAMENT	Copley High School 3807 Ridgewood Rd., Copley 44321	Jim Dies (330) 329-6686
Sat., May 15	GR	Cadet/Junior/Open State Championship	Wadsworth High School 625 Broad St., Wadsworth 44281	John Gramuglia g-man@wadsworth.k12.oh.us
Sat., May 15 And Sun., May 16	FS	Cadet/Junior/Open State Championship	Wadsworth High School 625 Broad St., Wadsworth 44281	John Gramuglia g-man@wadsworth.k12.oh.us

Important Notes: -The Qualifiers, Sombo State Championship, Regional and National Tournaments listed above are open to all wrestlers in all USA Wrestling - Ohio age divisions except as noted. All three Greco-Roman and Freestyle State Championships (i.e., Kids/Schoolboy and Cadet/Junior/Open) are for **Ohio residents only**.

-Flyers with specific information concerning weight classes, registration, weigh-ins, wrestling times, and wrestling fees for the Fila Cadet/University Nationals and the Fila Junior/Sr. Nationals can be found at www.usawrestling-ohio.org

Registration, Weigh-in, and Wrestling Times (wrestlers MUST present a current USA Wrestling competitor's card)

SW Ohio Classic	Registration/weigh-ins for Bantam, Midget, Novice, and Schoolboy - 7:30 AM to 8:30 AM; wrestling begins at 9:30 AM Registration/weigh-ins for Cadet, Junior, and Open – 9:30 AM to 10:30 AM; wrestling begins at approximately NOON
Folkstyle Champ.	Registration/weigh-ins for all age divisions - 7:00 AM to 8:00 AM; wrestling begins at 9:30 AM
All GR/FS Quals. + Kids/SB Champs	Registration/weigh-ins for <i>Greco-Roman, Freestyle, or Both Styles</i> - 7:00 PM to 8:00 PM evening before tournament and 7:00 AM to 7:30 AM morning of tournament ; wrestling begins at 9:00 AM Registration/weigh-ins for Freestyle only - 10:00 AM to 11:00 AM; wrestling begins at APPROXIMATELY 12:00 Noon (but more likely 1 or 2 PM)
C/J/O State Greco And Freestyle Championships.	GRECO Registration/weigh-ins for all age divisions -7:00 AM to 8:00 AM Saturday ONLY ; wrestling begins at 9:30 AM. Wrestlers who weigh-in for Greco can wrestle in Freestyle without weighing in again AS LONG AS THEY FINISH THE GRECO TOURNAMENT. ANYONE WHO WITHDRAWS FROM (OR FORFEITS OUT) OF THE GRECO STATE CHAMPIONSHIP WILL HAVE TO WEIGH-IN AGAIN TO COMPETE IN THE FREESTYLE TOURNAMENT. FREESYTLTLE weigh-ins for all age divisions – 3:30 PM to 4:30 PM on Saturday. Freestyle wrestling will be 6:00 PM to 9:30 PM Saturday and run from at 9:30 AM to conclusion Sunday.
Sombo State Champs. +Grappling Tourney	Registration/weigh-ins for all age divisions -2:00 PM to 3:00 PM only ; wrestling begins at 3:30 PM – any wrestler competing in the qualifier that day may enter the State Sombo Championship or Grappling Tournament and do not need to weigh-in again.

Wrestling Fees

Southwest Ohio Classic and Folkstyle State Championship - **\$15.00** for all wrestlers
Greco-Roman/Freestyle Qualifier - **\$5.00** per style for Kids and Open Divisions; **\$15.00** for one style or **\$25.00** for both styles for Schoolboy, Cadet, and Junior Divisions. All entries in the Qualifier prior to the Sombo State Championship or Grappling Qualifier may wrestle in those events at no additional cost. Anyone wrestling Sombo or Grappling events only - \$10. Jacket and belt rentals at the Sombo State Championship are **\$5** to pay for cleaning costs.
Freestyle and Greco-Roman State Championships- **\$10.00** for Kids, Open, and Women's Divisions; **\$20.00** for Schoolboy; \$25.00 Cadet and Junior Divisions. Any Cadet or Junior wrestling in both Greco and Freestyle State Championships - \$40.

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